

Language In Action Anti-Bullying Policy

Language In Action is committed to providing a caring, friendly and safe environment for all of our students. Bullying of any kind is unacceptable at our centres.

What is bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- **Emotional:** Being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- **Physical:** Pushing, kicking, hitting, punching or any use of violence
- **Racist:** Racial taunts, graffiti, gestures
- **Sexual:** Unwanted physical contact or sexually abusive comments
- **Homophobic:** Focusing on the issue of sexuality
- **Verbal:** Name-calling, sarcasm, spreading rumours, teasing
- **Cyber:** All areas of internet ,such as email & internet chat room misuse. Mobile threats by text messaging & calls. Misuse of associated technology , i.e. camera & video facilities

What to do if you feel you are being bullied

If you feel you are being bullied or someone you know is being bullied, please contact any member of our staff, e.g. your teacher, activity leader, centre manager. We are here to help you and will be supported if you report bullying. You can bring a friend with you for support when you talk to us about what happened. Bullying will not be tolerated.



